

## BOOK REVIEWS

FACCIOLA, S. 1990. **Cornucopia: A Source Book for Edible Plants**. Kampong Publications, 1870 Sunrise Drive, Vista, CA 92084. Paper \$37.75. 677 pp.

*Cornucopia* is a valuable source book for edible plants. Three thousand species and 7,000 cultivars are listed. Everything from fruits and vegetables to micro-organisms and ferments are included. The first section of the book lists 3,000 species alphabetically by family then genus, species, cultivars with a description of how the plant is used, distribution, literature citation, and sources. The section is divided into higher plants, fungi, algae, and bacteria. The second section is a listing of 7,000 cultivars divided into 110 major food crops with days to maturity, important features, origin and sources. The third section is a source list of 1,350 firms and institutions both domestic and overseas, commercial and non-commercial. The indices include: Principal vernacular names, Vernacular and other names occurring elsewhere in the text, Usage of edible plants, Species native to or naturalized in North America, Species not listed in Kunkel and Families and genera. Ethnobotanists, horticulturists, agronomists, alternative farmers, gardeners, researchers and natural food enthusiasts will find this text thorough and the six indices valuable.—*Dotty Woodson*.

LEWINGTON, A. 1990. **Plants for People**. (ISBN 0-19-520849-4). Oxford University Press, Inc., 200 Madison Avenue, New York, NY 10016. Hbk. \$39.95. 232 pp.

Anna Lewington presents a fascinating account of the thousands of ways plant products are used from lubricates for engines of supersonic jets to cellulose acetate for films. The text includes seven sections: Starting the Day—soap, shampoo, toothpaste, cosmetics, lotions, perfume and scents; Keeping us Covered—clothes, fabric, kapok for lifejackets, dyeing, printing, shoes, hats; From first foods to fast foods—breakfast food and drinks, coffee and tea; House and Home—wood for timber, furniture, paneling, doors, staircases, veneers and weaving; Your good health—medicines and anesthetics; Getting around—rubber, rails, runways, transport, airplanes, boats, rigging, docks, engines, and fuel; Recreation—paper, paints, film, sports, and instruments. There are hundreds of pictures and botanical drawings depicting source plants, origin and uses. The text is fascinating to read. Horticulturist, botanist, and conservationist will find this book a good reference.—*Dotty Woodson*.

STONES, M. 1991. **Flora of Louisiana**. (ISBN 0-8071-1664-5, Hbk). Louisiana State University Press, Baton Rouge, LA 70893 Hbk. \$45.00. 220 pp.

Margaret Stones' botanical illustrations show scientific correctness as well as being a work of art. Stones has painted over 200 watercolor botanical illustrations for the E.A. McIlhenny Natural History Collection at the University of Louisiana in Baton Rouge. This volume represents most of this collection. The listings are alphabetical by plant family. The illustrations are in color and black and white. The appendix gives details about the collected specimens used for the illustrations. This list includes species, collector, date, and locality. Botanists, conservationists, gardeners and horticulturists will find this book valuable.—*Dotty Woodson*.